

Snowmobile Safety

SLED OUT OF TROUBLE

There is a great potential for trouble and injury when combining machinery, speed and unpredictable elements. Using common sense and knowing survival and riding techniques are essential. Always be prepared for the worst. Your life may depend on it.

Emergency Tips

Snowmobilers should only travel in groups and on designated marked trails. Stay away from roads, waterways, railroads and pedestrian traffic. Always check the weather before heading out.

- Inspect your equipment and emergency kit before you leave, every time.
- Ensure a reliable person knows where you're going and when to expect you back. This is extremely important because response time is critical in the event of an injury, especially when hypothermia may be a factor.
- Stay where you are. It is easier for people to find you if you remain in one spot. Know your ground to air signals to aid your rescue. Carrying a strobe light is also a good idea.
- Think about your situation clearly and use the STOP method:
 - Sit** down and try to rest and relax. You need your strength.
 - Think** of your total situation and evaluate it carefully.
 - Observe** your surroundings and take inventory of your equipment.
 - Plan** a logical course of action and begin to follow your plan.
- If you need to, use these tips to help you survive a night in the woods:
 - Care for personal injuries immediately. Even "minor" injuries can become critical.
 - Find protection from the elements. Use trees, snow banks, a cave or even your snowmobile for shelter from the weather. If possible, construct a lean-to from branches, a blanket and extra clothing.
 - Use something to block the wind, preferably something bright in colour.
 - Start a fire for warmth and as a signal to others.
 - Find enough water and food to survive the first night. Remember water is a priority over food. Snow may be melted for water.

**Make a wise investment and enroll in a winter survival course.
Sledsmart — Arrive alive.**

If you have any suggestions on traffic safety issues that are of interest to you and your community, or for more information, please contact:

Office of Traffic Safety
Alberta Infrastructure & Transportation
Main Floor, Twin Atria, 4999 - 98 Ave.
Edmonton, AB T6B 2X3
Ph: (780) 422-8839
Fax: (780) 422-3682
Website: www.saferoads.com

Alberta Snowmobile Association
11759 Groat Road
Edmonton, AB T5M 3K6
Ph: (780) 427-2695
Fax: (780) 415-1779
Website: www.altasnowmobile.ab.ca